Date	Time	Topic
Friday, November 13, 2026	9:00 PM - 10:00 PM	Practice Class: 1
Monday, November 16, 2026	6:00 PM - 7:00 PM	Practice Class: 2
Tuesday, November 17, 2026	6:00 PM - 7:00 PM	Practice Class: 3
Wednesday, November 18, 2026	6:00 PM - 7:00 PM	Practice Class: 4
Thursday, November 19, 2026	6:00 PM - 7:00 PM	Practice Class: 5
Friday, November 20, 2026	6:00 PM - 7:00 PM	Practice Class: 6
Monday, November 23, 2026	6:00 PM - 7:00 PM	Practice Class: 7
Tuesday, November 24, 2026	6:00 PM - 7:00 PM	Practice Class: 8
Wednesday, November 25, 2026	6:00 PM - 7:00 PM	Practice Class: 9
Thursday, November 26, 2026	6:00 PM - 7:00 PM	Practice Class: 10