

| Amanjyot Ma'am | | |
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| Date | Time | Topic |
| Monday, October 17, 2022 | 1:00PM-2:00PM | Introduction |
| Tuesday, October 18, 2022 | 1:00PM-2:00PM | Growth and Development |
| Wednesday, October 19, 2022 | 1:00PM-2:00PM | Measurement of growth |
| Thursday, October 20, 2022 | 1:00PM-2:00PM | National Income and per capita income |
| Friday, October 21, 2022 | 1:00PM-2:00PM | National Income Aggregates |
| Thursday, October 27, 2022 | 1:00PM-2:00PM | Gross Value Added & GDP Deflator |
| Friday, October 28, 2022 | 1:00PM-2:00PM | Other concepts of National Income |
| Monday, October 31, 2022 | 1:00PM-2:00PM | Human development approach |
| Tuesday, November 1, 2022 | 1:00PM-2:00PM | Human development report |
| Wednesday, November 2, 2022 | 1:00PM-2:00PM | Gross National Happiness |
| Thursday, November 3, 2022 | 1:00PM-2:00PM | Poverty & Types |
| Friday, November 4, 2022 | 1:00PM-2:00PM | Measurement of Poverty |
| Monday, November 7, 2022 | 1:00PM-2:00PM | Other concepts of Poverty |
| Tuesday, November 8, 2022 | 1:00PM-2:00PM | Poverty Alleviation Programme 1 |
| Wednesday, November 9, 2022 | 1:00PM-2:00PM | Poverty Alleviation Programme 2 |
| Thursday, November 10, 2022 | 1:00PM-2:00PM | Unemployment & Types |
| Friday, November 11, 2022 | 1:00PM-2:00PM | Measurement of Unemployment |
| Monday, November 14, 2022 | 1:00PM-2:00PM | Employment Generation Programme 1 |
| Tuesday, November 15, 2022 | 1:00PM-2:00PM | Employment Generation Programme 2 |
| Wednesday, November 16, 2022 | 1:00PM-2:00PM | Sustainable Development |
| Thursday, November 17, 2022 | 1:00PM-2:00PM | MDG & SDG |
| Friday, November 18, 2022 | 1:00PM-2:00PM | Environmental issues |
| Monday, November 21, 2022 | 1:00PM-2:00PM | Economic Planning in India |
| Tuesday, November 22, 2022 | 1:00PM-2:00PM | History of Economic planning |
| Wednesday, November 23, 2022 | 1:00PM-2:00PM | Types of Economic Planning |
| Thursday, November 24, 2022 | 1:00PM-2:00PM | Planning Commission |
| Friday, November 25, 2022 | 1:00PM-2:00PM | Five year plans |
| Monday, November 28, 2022 | 1:00PM-2:00PM | NITI Aatog |

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| Tuesday, November 29, 2022 | 1:00PM-2:00PM | Practice Test |
| Wednesday, November 30, 2022 | 1:00PM-2:00PM | Fiscal Policy |
| Thursday, December 1, 2022 | 1:00PM-2:00PM | Types of Deficit |
| Friday, December 2, 2022 | 1:00PM-2:00PM | FRBM Act, 2003 |
| Monday, December 5, 2022 | 1:00PM-2:00PM | Other concepts of Fiscal Policy |
| Tuesday, December 6, 2022 | 1:00PM-2:00PM | Monetary Policy |
| Wednesday, December 7, 2022 | 1:00PM-2:00PM | Monetary Policy Committee |
| Thursday, December 8, 2022 | 1:00PM-2:00PM | Tools of Monetary Policy |
| Friday, December 9, 2022 | 1:00PM-2:00PM | Qualitative & Quantitative Measures |
| Monday, December 12, 2022 | 1:00PM-2:00PM | Balance of Payment (BOP) |
| Tuesday, December 13, 2022 | 1:00PM-2:00PM | Components of India's BOP Account |
| Wednesday, December 14, 2022 | 1:00PM-2:00PM | National Health Policy 2017 |
| Thursday, December 15, 2022 | 1:00PM-2:00PM | Key Findings of NFHS |
| Friday, December 16, 2022 | 1:00PM-2:00PM | Health related targets |
| Monday, December 19, 2022 | 1:00PM-2:00PM | The Mental Healthcare Act 2017 |
| Tuesday, December 20, 2022 | 1:00PM-2:00PM | Education and its status |
| Wednesday, December 21, 2022 | 1:00PM-2:00PM | National Education Policy |
| Thursday, December 22, 2022 | 1:00PM-2:00PM | Industrial Policy |
| Friday, December 23, 2022 | 1:00PM-2:00PM | Industrial Policy before & after independence |
| Monday, December 26, 2022 | 1:00PM-2:00PM | SEZ & NIMZ |
| Tuesday, December 27, 2022 | 1:00PM-2:00PM | FDI in India |
| Wednesday, December 28, 2022 | 1:00PM-2:00PM | Economic Reforms |
| Thursday, December 29, 2022 | 1:00PM-2:00PM | International Financial Institutions (IFIs) -1 |
| Friday, December 30, 2022 | 1:00PM-2:00PM | International Financial Institutions (IFIs) -2 |
| Monday, January 2, 2023 | 1:00PM-2:00PM | Regional Economic Co-operation - 1 |
| Tuesday, January 3, 2023 | 1:00PM-2:00PM | Regional Economic Co-operation - 2 |
| Wednesday, January 4, 2023 | 1:00PM-2:00PM | Urbanization |
| Thursday, January 5, 2023 | 1:00PM-2:00PM | Effect of Urbanization |
| Friday, January 6, 2023 | 1:00PM-2:00PM | Migration |
| Monday, January 9, 2023 | 1:00PM-2:00PM | Types of Migration |
| Tuesday, January 10, 2023 | 1:00PM-2:00PM | Consequences of Migration |

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| Wednesday, January 11, 2023 | 1:00PM-2:00PM | Social Justice |
| Thursday, January 12, 2023 | 1:00PM-2:00PM | Important articles regarding social justice |
| Friday, January 13, 2023 | 1:00PM-2:00PM | Welfare Policies |
| Monday, January 16, 2023 | 1:00PM-2:00PM | Indian Political System |
| Tuesday, January 17, 2023 | 1:00PM-2:00PM | Types of Power |
| Wednesday, January 18, 2023 | 1:00PM-2:00PM | Centre State Relations |
| Thursday, January 19, 2023 | 1:00PM-2:00PM | Finance Commission |
| Friday, January 20, 2023 | 1:00PM-2:00PM | Panchayati Raj |
| Monday, January 23, 2023 | 1:00PM-2:00PM | Gender Inequality |
| Tuesday, January 24, 2023 | 1:00PM-2:00PM | Gender issues in India |
| Wednesday, January 25, 2023 | 1:00PM-2:00PM | Gender Budgeting |
| Thursday, January 26, 2023 | 1:00PM-2:00PM | Social Movement |
| Friday, January 27, 2023 | 1:00PM-2:00PM | Types of Social Movement |
| Monday, January 30, 2023 | 1:00PM-2:00PM | Causes of social movement |
| Tuesday, January 31, 2023 | 1:00PM-2:00PM | Various Movements |
| Wednesday, February 1, 2023 | 1:00PM-2:00PM | Foreign Trade Policy |
| Thursday, February 2, 2023 | 1:00PM-2:00PM | Government Schemes - 1 |
| Friday, February 3, 2023 | 1:00PM-2:00PM | Government Schemes - 2 |
| Monday, February 6, 2023 | 1:00PM-2:00PM | Government Schemes - 3 |
| Tuesday, February 7, 2023 | 1:00PM-2:00PM | PYQ Analysis |
| Wednesday, February 8, 2023 | 1:00PM-2:00PM | PYQ Analysis |
| Thursday, February 9, 2023 | 1:00PM-2:00PM | Descriptive Writing Practice Part 1 |
| Friday, February 10, 2023 | 1:00PM-2:00PM | Descriptive Writing Practice Part 2 |
| Monday, February 13, 2023 | 1:00PM-2:00PM | Descriptive Writing Practice Part 3 |
| Tuesday, February 14, 2023 | 1:00PM-2:00PM | ESI Full length Mock |
| Wednesday, February 15, 2023 | 1:00PM-2:00PM | ESI Full length Mock |