

## प्रारम्भ - NCERT Foundation Live Batch- STUDY PLAN (MONDAY TO SATURDAY)

By Rudra Sir	By Chandan Sir	By Deepesh Sir	By Saurabh sir	By Narender sir	By Narender sir
4th Sept - 4th Oct	4th Sept - 4th Oct	11th Sept - 4th Oct	5th Oct- 30th oct	5th Oct- 30th oct	1st Nov - 30th Nov
4:00PM - 5:00PM	5:00PM TO 6:00PM	2:00 PM TO 3:30 PM	1:00PM TO 2:00PM	11:00AM - 12:00PM	12:00PM - 1:00PM
SCIENCE & TECH	ECONOMICS	HISTORY	POLITY	GEOGRAPHY	ENVIROMENT
topics coverd:	topics coverd:	topics coverd:	topics coverd:	topics coverd:	topics coverd:
Introduction to Science and Tech;	Basics of Economy	Pre Historic Times;	Equality, Freedom Citizenship, Nationalism	Globe Latitudes and Longitudes	Origin of Life Forms+ Basic Concepts of Ecology + Ecosystem Functions + Nutrient Cycling
Introduction to Science and Tech;	Basics of Economy	Indus Valley Civilization;	Equality, Freedom Citizenship, Nationalism	Globe Latitudes and Longitudes	Origin of Life Forms+ Basic Concepts of Ecology + Ecosystem Functions + Nutrient Cycling
Physics: Motion	ok	Rig Vedic Period;	Constitution: Why and How?	Motions of the Earth	Origin of Life Forms+ Basic Concepts of Ecology + Ecosystem Functions + Nutrient Cycling
Physics: Motion	Economic Growth & National Income-2	Later Vedic Period + Jainism & Buddhism	Constitution: Why and How?	Motions of the Earth	Population Ecology + Adaptation of Species and Species Interactions + Terrestrial & Aquatic Ecosystem
Physics: Force, Pressure, Light, Sound	Economic Growth & National Income	Mahajanapadas Period;	Evolution, Objectives & Features of the constitution,	Earth's crust and Interior	Population Ecology + Adaptation of Species and Species Interactions + Terrestrial & Aquatic Ecosystem
Physics: Force, Pressure, Light, Sound	Economic Growth & National Income	Mauryan Empire Post-Mauryan India Gupta Period;	Evolution, Objectives & Features of the constitution,	Earth's crust and Interior	Population Ecology + Adaptation of Species and Species Interactions + Terrestrial & Aquatic Ecosystem
Physics: Force, Pressure, Light, Sound	Money & Banking	Harshavardhana Period;	Philosophy of Indian Constitution,Evolution	Geophysical phenomena: Volcanism and Earthquakes	Basics of Biodiversity & Plant and Animal Biodiversity + Threats to Biodiversity + Biodiversity Conservation + Estuaries, Mangroves, Coral Reefs, Wetlands

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Physics: Electricity, Work, Energy	Money & Banking	Sangam Period	Philosophy of Indian Constitution,Evolution	Geophysical phenomena: Volcanism and Earthquakes	Basics of Biodiversity & Plant and Animal Biodiversity + Threats to Biodiversity + Biodiversity Conservation + Estuaries, Mangroves, Coral Reefs, Wetlands
Physics: Electricity, Work, Energy	Financial Market & its instruments	Major Dynasties of Early Medieval India (750-1200);	Fundamental Rights, DPSPs, Fundamental Duties	Atmosphere of Earth	Basics of Biodiversity & Plant and Animal Biodiversity + Threats to Biodiversity + Biodiversity Conservation + Estuaries, Mangroves, Coral Reefs, Wetlands
Physics: Electricity, Work, Energy	Financial Market & its instruments	Cholas & other South Indian Kingdoms + Early Muslim Invasions;	Fundamental Rights, DPSPs, Fundamental Duties	Atmosphere of Earth	Basics of Biodiversity & Plant and Animal Biodiversity + Threats to Biodiversity + Biodiversity Conservation + Estuaries, Mangroves, Coral Reefs, Wetlands
Chemistry: Acid, Bases & Salts; Metals and Non- Metals; Matter, Atoms & Molecules	Public Finance in India	The Delhi Sultanate	Centre-State, Relations Union, Legislature & State Legislature	Atmospheric Phenomena and Vegetation	Land, Forest, Water, Soil and Energy Resources
Chemistry: Acid, Bases & Salts; Metals and Non- Metals; Matter, Atoms & Molecules	Public Finance in India	Struggle for Empire in North India;	Centre-State, Relations Union, Legislature & State Legislature	Atmospheric Phenomena and Vegetation	Land, Forest, Water, Soil and Energy Resources
Chemistry: Acid, Bases & Salts; Metals and Non- Metals; Matter, Atoms & Molecules	Taxation in India	Establishment of North Indian Empire;	Union & State, Executive Local, Government Union, Territories & Special Area	Biogeography, Forest and Wildlife Resources	Land, Forest, Water, Soil and Energy Resources
Chemistry: Acid, Bases & Salts; Metals and Non- Metals; Matter, Atoms & Molecules	Taxation in India	Consolidation & Expansion of the Empire;	Union & State, Executive Local, Government Union, Territories & Special Area	Biogeography, Forest and Wildlife Resources	Air Pollution + Water + Marine Pollution Biological + Thermal + Noise + Radioactive + Waste Pollution
Biology: Biological Classification;	Planning; Poverty; Employment	State & Government under Akbar;	Judiciary	Human Geography of the World;	Air Pollution + Water + Marine Pollution Biological + Thermal + Noise + Radioactive + Waste Pollution

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Biology: Biological Classification;	Planning; Poverty; Employment	Akbar's Religious views, Post Akbar;	Judiciary	Human Geography of the World;	Air Pollution + Water + Marine Pollution Biological + Thermal + Noise + Radioactive + Waste Pollution
Biology: Biological Classification;	Economic Sectors	Regional Powers in India	Constitutional and Non-Constitutional Bodies, Political Dynamics	Settlement & Urbanization	Climate Change and Global Warming + Act and Policies
Microorganisms; Cell	Economic Sectors	The Advent of Europeans In India;	Constitutional and Non-Constitutional Bodies, Political Dynamics	Settlement & Urbanization	Climate Change and Global Warming + Act and Policies
Microorganisms; Cell	International Trade; Balance of Payment; International Organisation; Trade Agreement	The English in Bengal from (1757 to 1772);		Economic Geography of the World + Mineral+ Energy Resources+ Transport + International Trade + Development of Minerals and Industries	Climate Change and Global Warming + Act and Policies
Microorganisms; Cell	Internatio <mark>nal</mark> Trade; Balance of Paym <mark>ent; I</mark> nternational Organisation; Trade Agreement	Impact of British Rule in India		Economic Geography of the World + Mineral+ Energy Resources+ Transport + International Trade + Development of Minerals and Industries	International Governance + Environmental Impact Assessment + Environmental Institutions
Biology: Heredity; Evolution; Natural Resources; Biotechnology		Revolt of 1857; Tribal & Peasants Movements;		Economic Geography of the World + Mineral+ Energy Resources+ Transport + International Trade + Development of Minerals and Industries	International Governance + Environmental Impact Assessment + Environmental Institutions
Biology: Heredity; Evolution; Natural Resources; Biotechnology		Socio- Religious Reforms Pre- Congress Phase		Economic Infrastructure and Energy Resources	International Governance + Environmental Impact Assessment + Environmental Institutions
Biology: Heredity; Evolution; Natural Resources; Biotechnology		Moderate Phase of Congress(1858- 1900) Partition of Bengal;		Economic Infrastructure and Energy Resources	

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		Extremists Phase		Basics of India + Geological Structure & relief features + Physiography of India	
		Indian National Movement		Basics of India + Geological Structure & relief features + Physiography of India	
		Visual & Perfo <mark>rming Art</mark> s + Religion, Lang <mark>uage, Literatu</mark> re, Misce <mark>llaneous</mark>		River Systems & Climate of India + Topic detailing	
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