

BPSC TGT Physical Education Study Plan

Date	Day	GK & GS Jivesh Sir 8AM-9AM	EVS Bhawani Sir 10AM-11AM	Maths Ayush Sir 12PM-1PM	Reasoning Rajat Sir 1PM-2PM	English Nidhi Ma'am 3PM-4PM	Indian National Movement Shanee Sir 4PM-5PM	Physical Education Monu Sir 4PM-5PM	Hindi Navneet Sir 5PM-6PM
25-Oct	Wed	Ancient History Indus Valley And Vedic Civilization	Plants	Profit & Loss	Number Series				
26-Oct	Thur	Buddhism and Jainism	Plants	Profit & Loss	Number Series				
27-Oct	Fri	Magadha and Maurya	Plants	Profit & Loss	Number Series				
30-Oct	Mon	Kushan and Vardhan	Plants	Profit & Loss	Number Series				
31-Oct	Tue	Delhi Sultanat Class 1	Animals	Simple Interest	Analogy				
1-Nov	wed	Delhi Sultanat Class 2	Animals	Simple Interest	Analogy				भाषा विज्ञान
2-Nov	Thur	Mughal Empire Class 1	Animals	Compound Interest	Direction and Distance				लिपि

3-Nov	Fri	Mughal Empire Class 2	Pollution	Compound Interest	Direction and Distance				बोलियाँ
6-Nov	Mon	Modern History Class 1	Pollution	Compound Interest	Direction and Distance				विराम चिन्ह
7-Nov	Tue	Modern History Class 2	Pollution	Time & Work	Blood Relation				शब्द विचार
8-Nov	wed	Modern History Class 3	Pollution	Time & Work	Blood Relation				शब्द विचार
9-Nov	Thur	Modern History Class 4	Natural resource	Time & Work	Blood Relation				शब्द विचार
10-Nov	Fri	Modern History Class 5	Natural resource	Time Speed & Distance	Dice				वाक्य विचार
14-Nov	Tue	Universe and Solar System	Biodiversity	Mensuration 2d	Dice				वाक्य भेद
15-Nov	wed	Earth Class 1	Biodiversity	Mensuration 2d	Cube & Cuboid				वाक्य
16-Nov	Thur	Earth Class 2	Biodiversity	Mensuration 3d	Cube & Cuboid				वर्तनी शुद्धि
17-Nov	Fri	Indian Geography 1	Enviromental day and theme	Mensuration 3d	Venn Diagram				शब्द कोष

20-Nov	Mon	Indian Geography 2	Enviromental day and theme	Geometry	Venn Diagram				संज्ञा
21-Nov	Tue	Indian Geography 3	Environmental summit	Geometry	Coding Inequality				सर्वनाम
22-Nov	wed	Indian River System 1	Environmental summit	Geometry	Coding Inequality				क्रिया
23-Nov	Thur	Indian River System 2	Environmental law	Geometry	Coding Inequality				विशेषण
24-Nov	Fri	Indian River System 3	Micellaneous	Geometry	Syllogism				समुच्चय
27-Nov	Mon	Indian River System 4	Micellaneous	Algebra	Syllogism				संबंध
28-Nov	Tue	Indian River System 5	Micellaneous	Algebra	Syllogism				विषयादी
29-Nov	wed	Indian Polity Class 1	Disease	Algebra	Syllogism				वाच्य
30-Nov	Thur	Indian Polity Class 2	Disease	Number System	Clock				समास
1-Dec	Fri	Indian Polity Class 3	Disease	Number System	Clock				समास

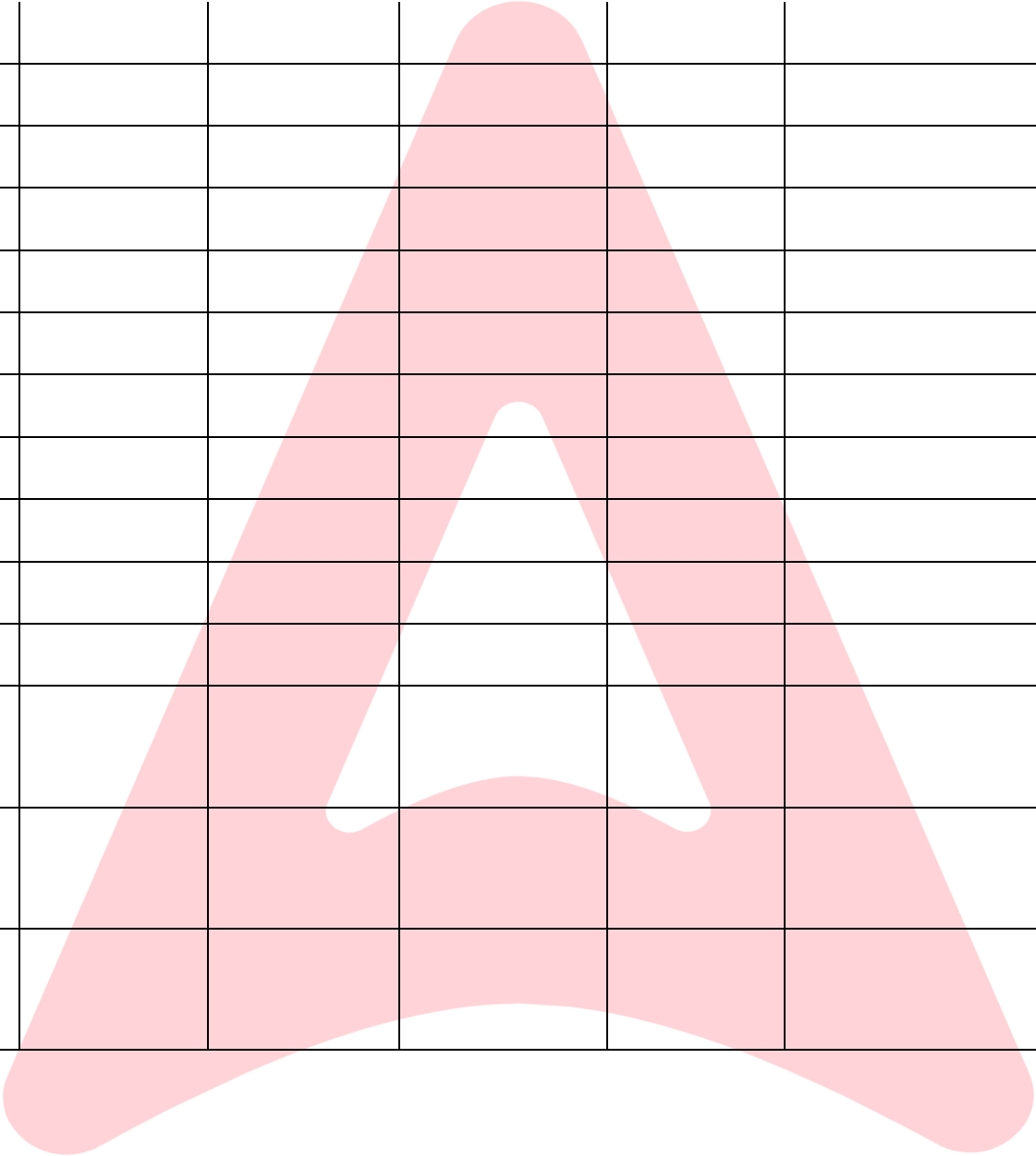
4-Dec	Mon	Indian Polity Class 4	Introduction to environment	Number System	Calendar				अलंकार
5-Dec	Tue	Indian Polity Class 5	Introduction to environment	Number System	Calendar	Idioms and Phrases			अलंकार
6-Dec	wed	Indian Polity Class 6	Introduction to environment	Number System	Calendar	Antonyms and Synonyms			अलंकार
7-Dec	Thur	Indian Polity Class 7	Introduction to environment	HCF & LCM	Ranking	One word Substitution			रस
8-Dec	Fri	Indian Polity Class 8	Ecology and ecosystem	HCF & LCM	Ranking	Reading Comprehension			रस
11-Dec	Mon	Indian Polity Class 9	Ecology and ecosystem	HCF & LCM	Ranking	Reading Comprehension			छंद
12-Dec	Tue	Indian Polity Class 10	Ecology and ecosystem	HCF & LCM	Puzzle	Reading Comprehension			छंद
13-Dec	wed	Indian Polity Class 11	Nutrition	Average	Puzzle	Writing Section			छंद
14-Dec	Thur	Indian Polity Class 12	Nutrition	Average	Puzzle	Writing Section			लिंग

15-Dec	Fri	Indian Polity Class 13	Nutrition	Average	Puzzle	Writing Section			वचन
18-Dec	Mon	Indian Polity Class 14	Nutrients	Ratio & Proportion	Linear Sitting Arrangements	Mock Paper		History of Physical Education	काल
19-Dec	Tue	Indian Polity Class 15	Nutrients		Linear Sitting Arrangements	Sentences		History of Physical Education	कारक
20-Dec	wed	General Science Lec 1	Nutrients		Circular Sitting Arrangements	Types of Sentences		History of Physical Education	शब्द शक्ति
21-Dec	Thur	General Science Lec 2			Circular Sitting Arrangements	Clauses, Types		History of Physical Education	क्लोज़ टेस्ट
22-Dec	Fri	General Science Lec 3			Mirror Image	Parts Of Speech - Noun		History of Physical Education	संधि
26-Dec	Tue	General Science Lec 4			water Image	Pronoun		History of Physical Education	संधि
27-Dec	wed	General Science Lec 5			Paper Cutting Folding	Articles - 1		History of Physical Education	संधि
28-Dec	Thur	General Science Lec 6			Counting of Figure	Articles - 2		History of Physical Education	संधि
29-Dec	Fri	General Science Lec 7			Counting of Figure	Practice Class		History of Physical Education	संधि

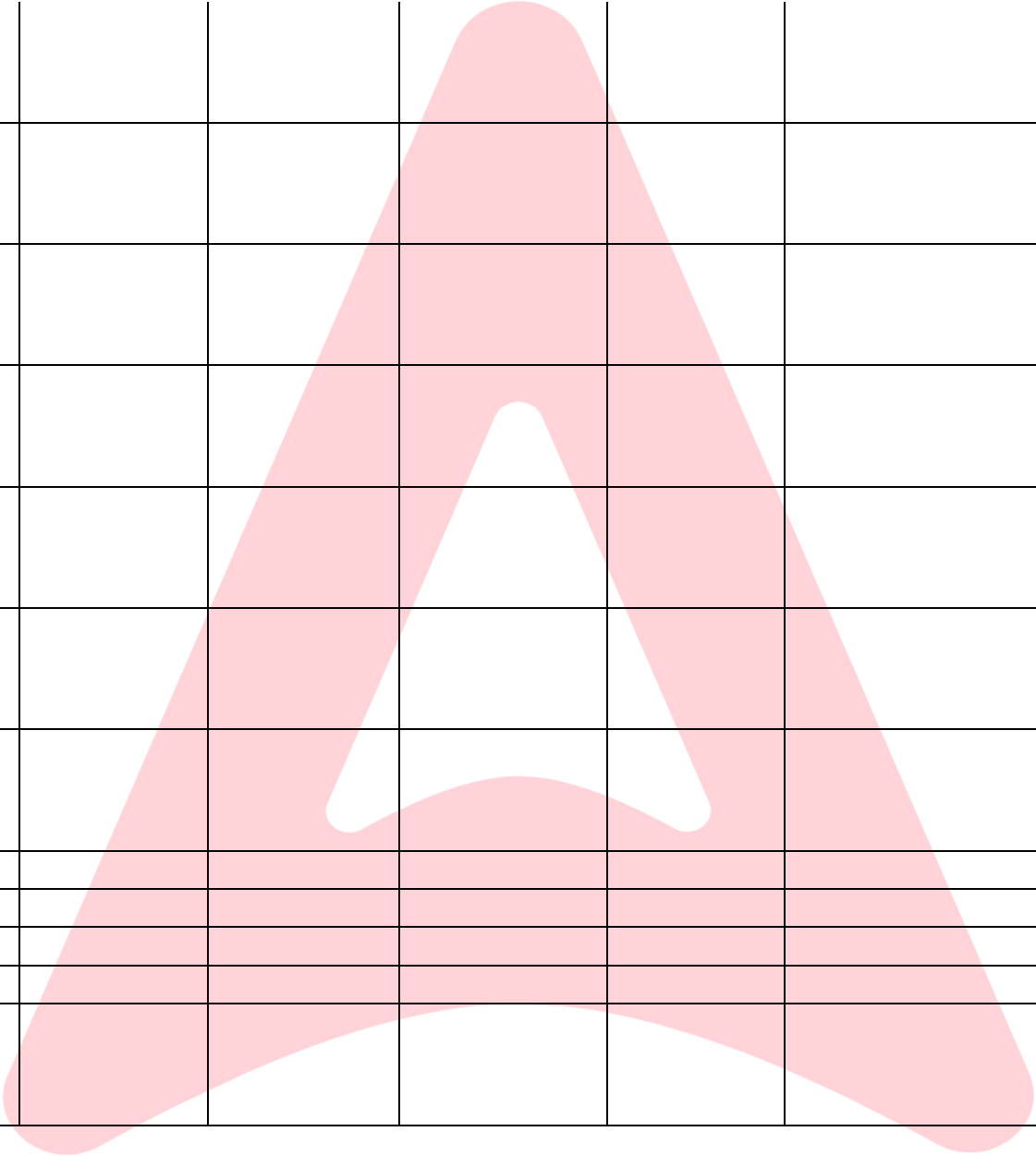
1-Jan	Mon	General Science Lec 8			Pattern Completion	Adjective		History of Physical Education	उपसर्ग
2-Jan	Tue	General Science Lec 9			Embedded Figure	Verbs		History of Physical Education	प्रत्यय
3-Jan	wed	General Science Lec 10			Statement Assumption	Modal Verbs		History of Physical Education	पर्यायवाची
4-Jan	Thur				Statement Conclusion	Non-Finite Verbs		Games & Sports	समानार्थी
5-Jan	Fri				Assertion Reason	Adverb		Games & Sports	मुहावरे
8-Jan	Mon				Data Sufficiency	Conjunction		Games & Sports	लोकोक्ति
9-Jan	Tue				Coding and Decoding	Preposition	Indian National Movement Lec 1	Games & Sports	अनेक शब्दों के एक शब्द
10-Jan	wed				Coding and Decoding	Error Detection - Practice	Indian National Movement Lec 2	Games & Sports	निपात
11-Jan	Thur				Coding and Decoding	Subject-Verb- Agreement	Indian National Movement Lec 3	Games & Sports	विलोम शब्द
12-Jan	Fri				Coding and Decoding	Subject-Verb- Agreement	Indian National Movement Lec 4	Games & Sports	अपठित गद्यांश

15-Jan	Mon				Alphabet Series	Phrases/Phrasal Verbs	Indian National Movement Lec 5	Games & Sports	वर्णमाला
16-Jan	Tue				Alphabet Series	Prepositional Phrases	Indian National Movement Lec 6	Games & Sports	वर्णमाला
17-Jan	wed				Analogy	Determiners, Punctuations	Indian National Movement Lec 7	Games & Sports	वर्णमाला
18-Jan	Thur				Analogy	Tenses	Indian National Movement Lec 8	Test & Mesurment	
19-Jan	Fri				Pair Coding and Dictionary	Tenses	Indian National Movement Lec 9	Test & Mesurment	
20-Jan	Saturday				Word Formation and Jumbling	Practice	Indian National Movement Lec 10	Test & Mesurment	
21-Jan	Sunday				Matrix & Arrangement or words	Voice		Test & Mesurment	
22-Jan	Mon				Alphabet Ranking	Voice		Test & Mesurment	
23-Jan	Tue				Alphabet Ranking	Practice		Test & Mesurment	
24-Jan	wed					Narration		Yoga	

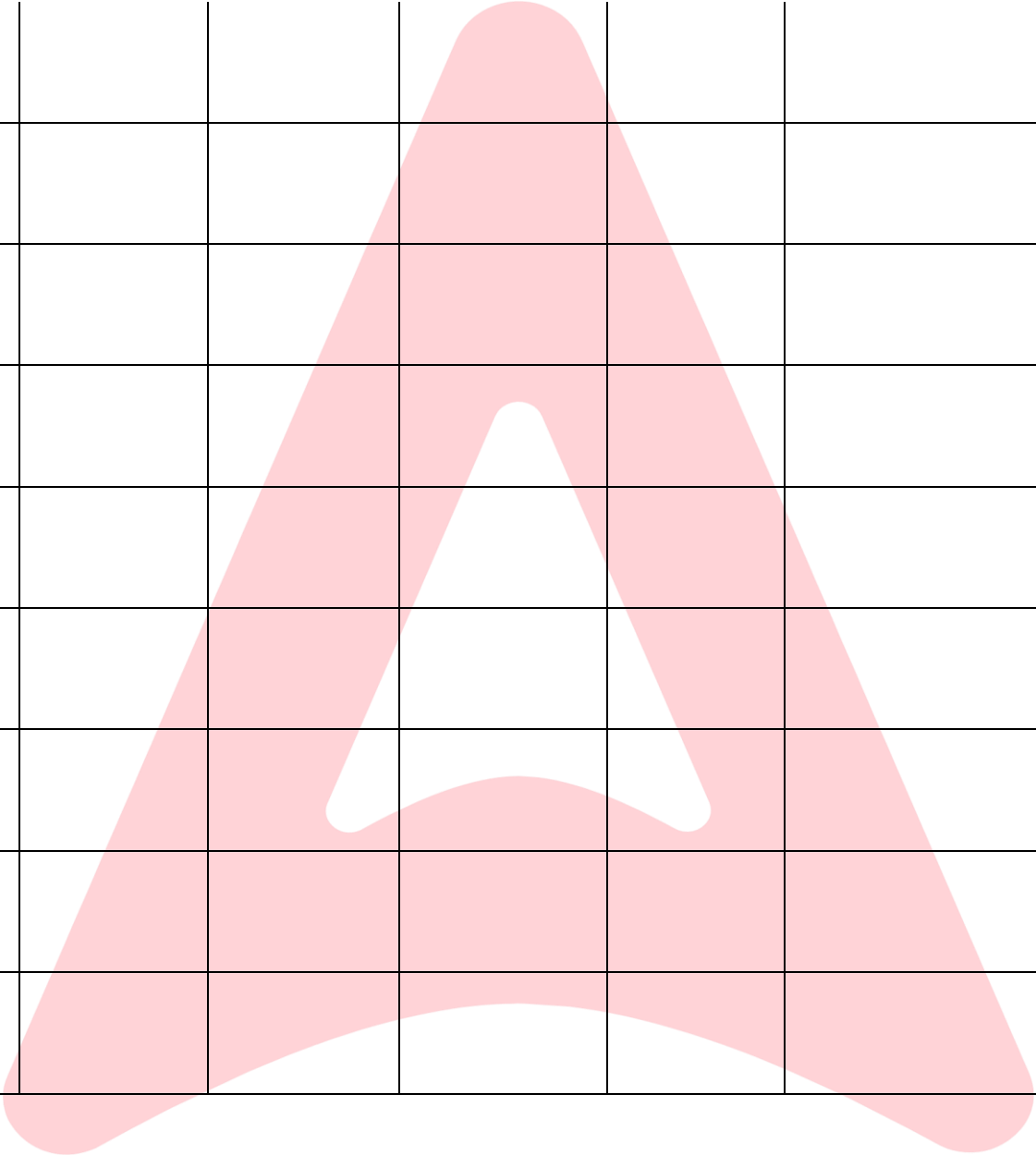
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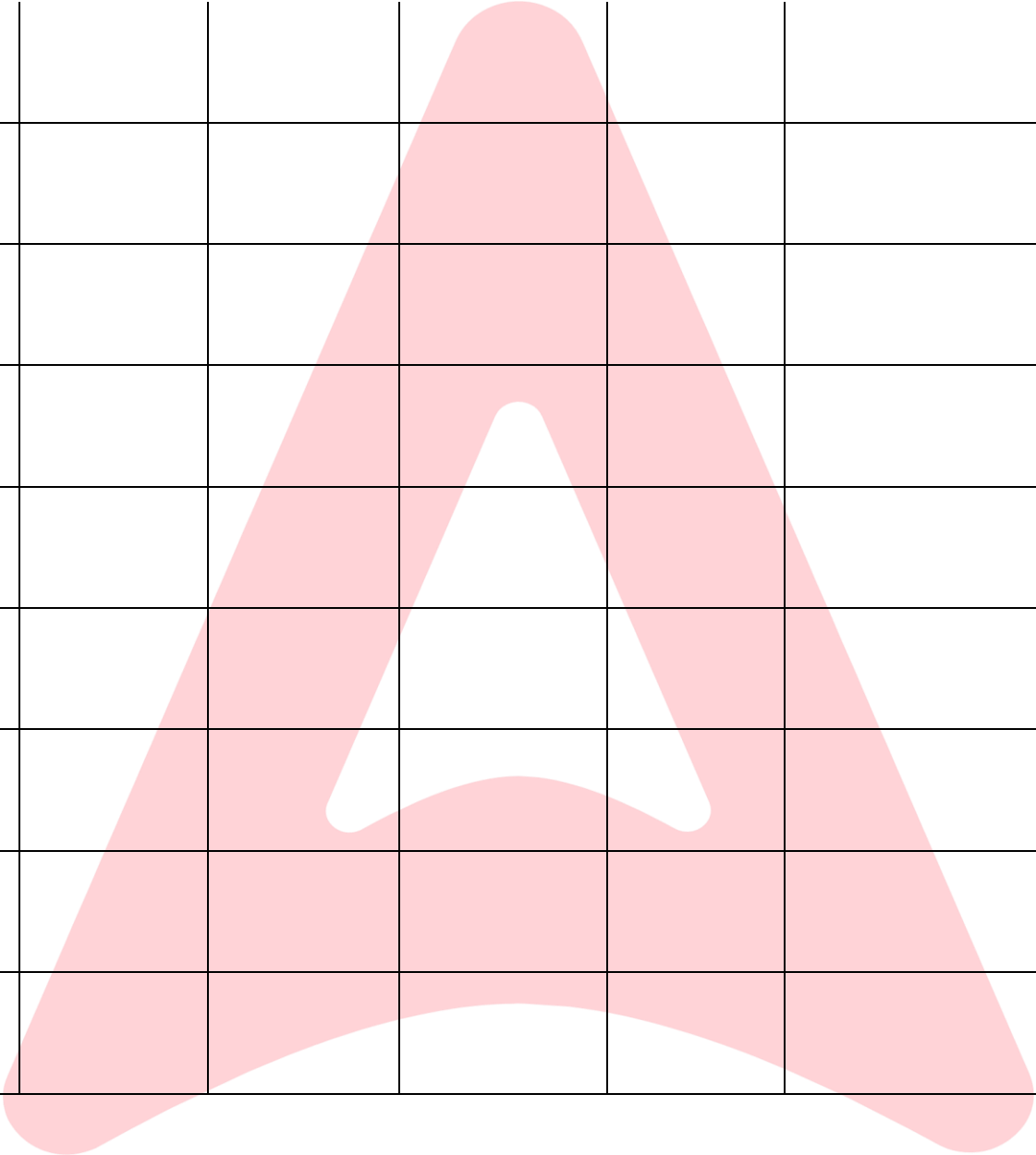
26-Feb	Mon							Health Education	
27-Feb	Tue							Sports Traning	
28-Feb	Wed							Sports Traning	
1-Mar	Thu							Sports Traning	
2-Mar	Fri							Sports Traning	
5-Mar	Mon							Sports Traning	
6-Mar	Tue							Sports Traning	
7-Mar	Wed							Sports Traning	
8-Mar	Thu							Sports Traning	
9-Mar	Fri							Sports Traning	
12-Mar	Mon							Sports Traning	
13-Mar	Tue							Kinsology & Bio Machanics	
14-Mar	Wed							Kinsology & Bio Machanics	
15-Mar	Thu							Kinsology & Bio Machanics	



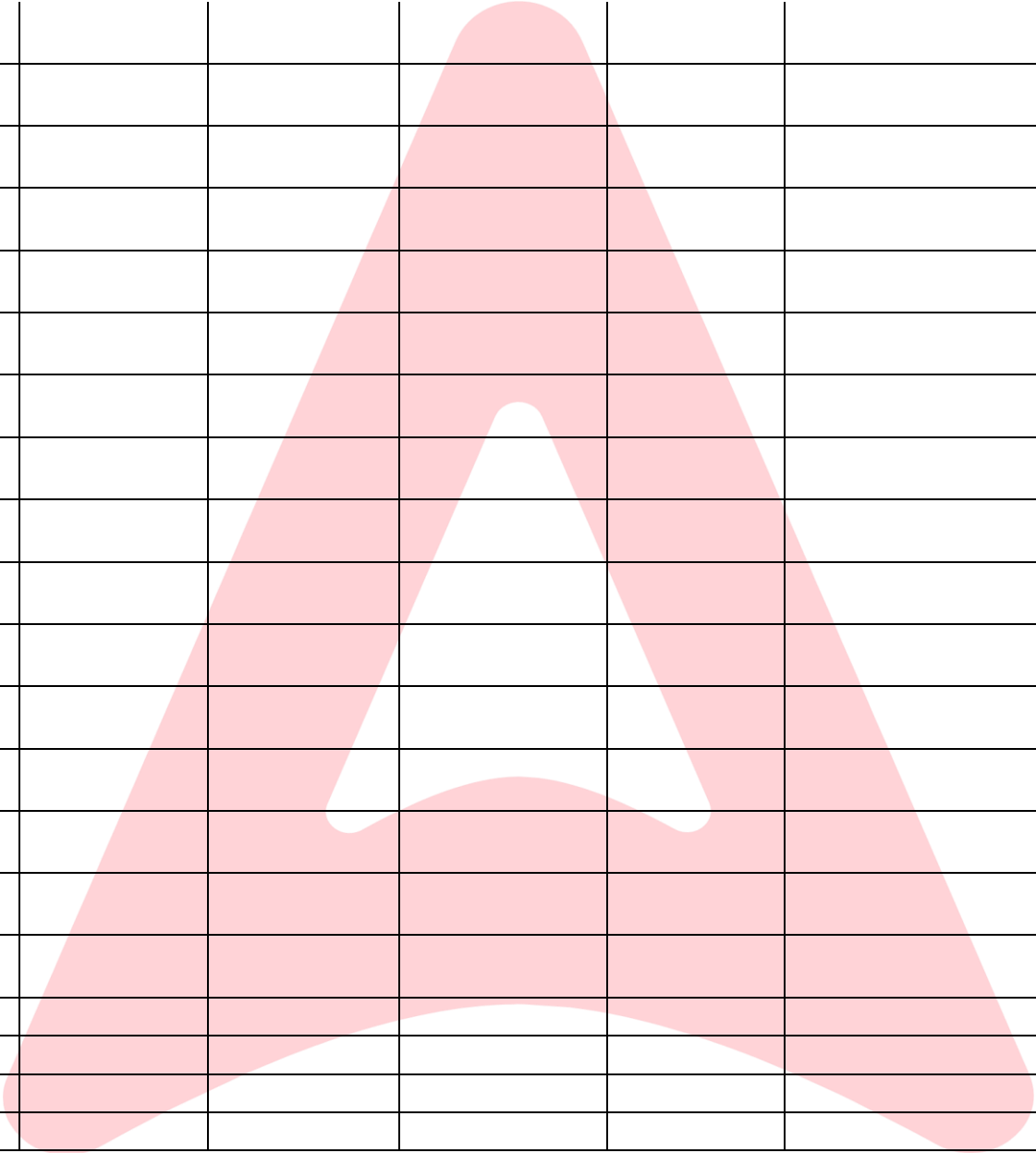
16-Mar	Fri							Kinsology & Bio Machanics	
19-Mar	Mon							Kinsology & Bio Machanics	
20-Mar	Tue							Kinsology & Bio Machanics	
21-Mar	Wed							Kinsology & Bio Machanics	
22-Mar	Thu							Kinsology & Bio Machanics	
23-Mar	Fri							Kinsology & Bio Machanics	
26-Mar	Mon							Kinsology & Bio Machanics	
27-Mar	Tue							MCQ	
28-Mar	Wed							MCQ	
29-Mar	Thu							MCQ	
30-Mar	Fri							MCQ	
2-Apr	Mon							Anatomy & Physiology 1	



3-Apr	Tue							Anatomy & Physiology 2	
4-Apr	Wed							Anatomy & Physiology 3	
5-Apr	Thu							Anatomy & Physiology 4	
6-Apr	Fri							Anatomy & Physiology 5	
9-Apr	Mon							Anatomy & Physiology 6	
10-Apr	Tue							Anatomy & Physiology 7	
11-Apr	Wed							Anatomy & Physiology 8	
12-Apr	Thu							Anatomy & Physiology 9	
13-Apr	Fri							Anatomy & Physiology 10	



16-Apr	Mon							Anatomy & Physiology 11	
17-Apr	Tue							Anatomy & Physiology 12	
18-Apr	Wed							Anatomy & Physiology 13	
19-Apr	Thu							Anatomy & Physiology 14	
20-Apr	Fri							Anatomy & Physiology 15	
23-Apr	Mon							Anatomy & Physiology 16	
24-Apr	Tue							Anatomy & Physiology 17	
25-Apr	Wed							Anatomy & Physiology 18	
26-Apr	Thu							Anatomy & Physiology 19	



15-May	Tue							Management	
16-May	Wed							psychology	
17-May	Thu							psychology	
18-May	Fri							psychology	
21-May	Mon							psychology	
22-May	Tue							psychology	
23-May	Wed							psychology	
24-May	Thu							psychology	
25-May	Fri							psychology	
28-May	Mon							psychology	
29-May	Tue							psychology	
30-May	Wed							Tournament	
31-May	Thu							Tournament	
1-Jun	Fri							Tournament	
4-Jun	Mon							Tournament	
5-Jun	Tue							Tournament	
6-Jun	Wed							MCQ	
7-Jun	Thu							MCQ	
8-Jun	Fri							MCQ	
11-Jun	Mon							MCQ	

