

# General Science Study Plan

**Neeraj Ma'am**

**6:00 PM - 7:00 PM**

| Date      | Day | Subject | Topic                |
|-----------|-----|---------|----------------------|
| 12-Sep-25 | Fri | BIOLOGY | Tissue               |
| 13-Sep-25 | Sat |         |                      |
| 14-Sep-25 | Sun |         |                      |
| 15-Sep-25 | Mon | BIOLOGY | Nutrient-1           |
| 16-Sep-25 | Tue | BIOLOGY | Nutrient-2           |
| 17-Sep-25 | Wed | BIOLOGY | Digestive system-1   |
| 18-Sep-25 | Thu | BIOLOGY | Digestive system-2   |
| 19-Sep-25 | Fri | BIOLOGY | Circulatory system-1 |

|                  |            |         |                            |
|------------------|------------|---------|----------------------------|
| <b>20-Sep-25</b> | <b>Sat</b> |         |                            |
| <b>21-Sep-25</b> | <b>Sun</b> |         |                            |
| <b>22-Sep-25</b> | <b>Mon</b> | BIOLOGY | Circulatory system-2       |
| <b>23-Sep-25</b> | <b>Tue</b> | BIOLOGY | Respiratory system         |
| <b>24-Sep-25</b> | <b>Wed</b> | BIOLOGY | Excretory system           |
| <b>25-Sep-25</b> | <b>Thu</b> | BIOLOGY | Reproductive system - 1    |
| <b>26-Sep-25</b> | <b>Fri</b> | BIOLOGY | Reproductive system -2     |
| <b>27-Sep-25</b> | <b>Sat</b> |         |                            |
| <b>28-Sep-25</b> | <b>Sun</b> |         |                            |
| <b>29-Sep-25</b> | <b>Mon</b> | BIOLOGY | Diseases-1                 |
| <b>30-Sep-25</b> | <b>Tue</b> | BIOLOGY | Diseases-2                 |
| <b>1-Oct-25</b>  | <b>Wed</b> | BIOLOGY | Nervous System             |
| <b>2-Oct-25</b>  | <b>Thu</b> | BIOLOGY | Bones Joints and Muscle    |
| <b>3-Oct-25</b>  | <b>Fri</b> | PHYSICS | Mechanics                  |
| <b>4-Oct-25</b>  | <b>Sat</b> |         |                            |
| <b>5-Oct-25</b>  | <b>Sun</b> |         |                            |
| <b>6-Oct-25</b>  | <b>Mon</b> | PHYSICS | Force and laws of motion-1 |

|                  |            |           |                             |
|------------------|------------|-----------|-----------------------------|
| <b>7-Oct-25</b>  | <b>Tue</b> | PHYSICS   | Force and laws of motion-2  |
| <b>8-Oct-25</b>  | <b>Wed</b> | PHYSICS   | Gravitation-1               |
| <b>9-Oct-25</b>  | <b>Thu</b> | PHYSICS   | Gravitation-2               |
| <b>10-Oct-25</b> | <b>Fri</b> | PHYSICS   | Work, power and energy -1   |
| <b>11-Oct-25</b> | <b>Sat</b> |           |                             |
| <b>12-Oct-25</b> | <b>Sun</b> |           |                             |
| <b>13-Oct-25</b> | <b>Mon</b> | PHYSICS   | Work, power and energy -2   |
| <b>14-Oct-25</b> | <b>Tue</b> | PHYSICS   | Sound and waves-1           |
| <b>15-Oct-25</b> | <b>Wed</b> | PHYSICS   | Sound and waves-2           |
| <b>16-Oct-25</b> | <b>Thu</b> | PHYSICS   | Light-1                     |
| <b>17-Oct-25</b> | <b>Fri</b> | PHYSICS   | Light-2                     |
| <b>18-Oct-25</b> | <b>Sat</b> |           |                             |
| <b>19-Oct-25</b> | <b>Sun</b> |           |                             |
| <b>20-Oct-25</b> | <b>Mon</b> | PHYSICS   | Electricity and magnetism-1 |
| <b>21-Oct-25</b> | <b>Tue</b> | PHYSICS   | Electricity and magnetism-2 |
| <b>22-Oct-25</b> | <b>Wed</b> | PHYSICS   | Modern physics              |
| <b>23-Oct-25</b> | <b>Thu</b> | PHYSICS   | Invention and discoveries   |
| <b>24-Oct-25</b> | <b>Fri</b> |           |                             |
| <b>25-Oct-25</b> | <b>Sat</b> |           |                             |
| <b>26-Oct-25</b> | <b>Sun</b> |           |                             |
| <b>27-Oct-25</b> | <b>Mon</b> |           |                             |
| <b>28-Oct-25</b> | <b>Tue</b> |           |                             |
| <b>29-Oct-25</b> | <b>Wed</b> |           |                             |
| <b>30-Oct-25</b> | <b>Thu</b> | CHEMISTRY | Atomic structure-1          |
| <b>31-Oct-25</b> | <b>Fri</b> | CHEMISTRY | Atomic structure-2          |
| <b>1-Nov-25</b>  | <b>Sat</b> |           |                             |
| <b>2-Nov-25</b>  | <b>Sun</b> |           |                             |

|                  |            |           |                               |
|------------------|------------|-----------|-------------------------------|
| <b>3-Nov-25</b>  | <b>Mon</b> | CHEMISTRY | Periodic table--1             |
| <b>4-Nov-25</b>  | <b>Tue</b> | CHEMISTRY | Periodic table--2             |
| <b>5-Nov-25</b>  | <b>Wed</b> | CHEMISTRY | Periodic table--3             |
| <b>6-Nov-25</b>  | <b>Thu</b> | CHEMISTRY | Chemical bonding -1           |
| <b>7-Nov-25</b>  | <b>Fri</b> |           |                               |
| <b>8-Nov-25</b>  | <b>Sat</b> |           |                               |
| <b>9-Nov-25</b>  | <b>Sun</b> |           |                               |
| <b>10-Nov-25</b> | <b>Mon</b> | CHEMISTRY | Chemical bonding -2           |
| <b>11-Nov-25</b> | <b>Tue</b> | CHEMISTRY | Metal, non-metal and alloys-1 |
| <b>12-Nov-25</b> | <b>Wed</b> | CHEMISTRY | Metal, non-metal and alloys-2 |
| <b>13-Nov-25</b> | <b>Thu</b> | CHEMISTRY | Acid, base and salt-1         |
| <b>14-Nov-25</b> | <b>Fri</b> | CHEMISTRY | Acid, base and salt-2         |
| <b>15-Nov-25</b> | <b>Sat</b> |           |                               |
| <b>16-Nov-25</b> | <b>Sun</b> |           |                               |
| <b>17-Nov-25</b> | <b>Mon</b> | CHEMISTRY | Organic chemistry-1           |
| <b>18-Nov-25</b> | <b>Tue</b> | CHEMISTRY | Organic chemistry-2           |
| <b>19-Nov-25</b> | <b>Wed</b> | CHEMISTRY | Chemistry in everyday life-1  |
| <b>20-Nov-25</b> | <b>Thu</b> | CHEMISTRY | Chemistry in everyday life-2  |
| <b>21-Nov-25</b> | <b>Fri</b> | CHEMISTRY | Polymer                       |
| <b>22-Nov-25</b> | <b>Sat</b> |           |                               |
| <b>23-Nov-25</b> | <b>Sun</b> |           |                               |
| <b>24-Nov-25</b> | <b>Mon</b> | CHEMISTRY | Chemical Reaction             |