

FSSAI Study Plan						Tentative Study Plan		
Date	Day	Ayushi Ma'am	Ayushi Ma'am	Snadeep Samal	Mahima Ma'am	Indian and International Food Laws	FSSAI-Role, Functions, Initiatives	Food Microbiology & General principles of Food Hygiene
		Food Analysis and Testing	Principles and Basics of Food Chemistry and their role in Human Nutrition	Orientation	Principles of Food Preservation, Processing and Packaging	Sudhanshu Sir	Meenakshi Ma'am & Pratibha Ma'am	Plant Protection (Pathology)
		5:00 PM - 6:00 PM	5:00 PM - 6:00 PM	4:00 PM - 5:00 PM	4:00 PM - 5:00 PM		4 Jul	
25-Sep-25	Thu			Orientation		Indian and International Food Laws -1	FSSAI-Role, Functions, Initiatives -1	Food Microbiology & General principles of Food Hygiene -1
26-Sep-25	Fri				Introduction	Indian and International Food Laws -2	FSSAI-Role, Functions, Initiatives -2	Food Microbiology & General principles of Food Hygiene -2
27-Sep-25	Sat				Class Off - Saturday	Indian and International Food Laws -3	FSSAI-Role, Functions, Initiatives -3	Food Microbiology & General principles of Food Hygiene -3
28-Sep-25	Sun				Class Off - Sunday	Indian and International Food Laws -4	FSSAI-Role, Functions, Initiatives -4	Food Microbiology & General principles of Food Hygiene -4
29-Sep-25	Mon				Food Processing Class 1	Indian and International Food Laws -5	FSSAI-Role, Functions, Initiatives -5	Food Microbiology & General principles of Food Hygiene -5
30-Sep-25	Tue	Introduction				Indian and International Food Laws -6	FSSAI-Role, Functions, Initiatives -6	Food Microbiology & General principles of Food Hygiene -6
1-Oct-25	Wed	Food Analysis and Testing -1			Food Processing Class 3	Indian and International Food Laws -7	FSSAI-Role, Functions, Initiatives -7	Food Microbiology & General principles of Food Hygiene -7
2-Oct-25	Thu	Food Analysis and Testing -2			Food Processing Class 4	Indian and International Food Laws -8	FSSAI-Role, Functions, Initiatives -8	Food Microbiology & General principles of Food Hygiene -8
3-Oct-25	Fri	Food Analysis and Testing -3			Food Processing Class 5	Indian and International Food Laws -9		Food Microbiology & General principles of Food Hygiene -9
4-Oct-25	Sat	Class Off - Saturday			Class Off - Saturday	Indian and International Food Laws -10		Food Microbiology & General principles of Food Hygiene -10
5-Oct-25	Sun	Class Off - Sunday			Class Off - Sunday			Food Microbiology & General principles of Food Hygiene -11
6-Oct-25	Mon	Food Analysis and Testing -4			Food Processing Class 6			Food Microbiology & General principles of Food Hygiene -12
7-Oct-25	Tue	Food Analysis and Testing -5			Food Processing Class 7			Food Microbiology & General principles of Food Hygiene -13
8-Oct-25	Wed	Food Analysis and Testing -6			Food Processing Class 8			Food Microbiology & General principles of Food Hygiene -14
9-Oct-25	Thu	Food Analysis and Testing -7			Food Processing Class 9			Food Microbiology & General principles of Food Hygiene -15
10-Oct-25	Fri	Food Analysis and Testing -8			Food Processing Class 10			Food Microbiology & General principles of Food Hygiene -16
11-Oct-25	Sat	Class Off - Saturday			Class Off - Saturday			Food Microbiology & General principles of Food Hygiene -17
12-Oct-25	Sun	Class Off - Sunday			Class Off - Sunday			Food Microbiology & General principles of Food Hygiene -18
13-Oct-25	Mon	Food Analysis and Testing -9			Food Processing Class 11			Food Microbiology & General principles of Food Hygiene -19
14-Oct-25	Tue	Food Analysis and Testing -10			Food Processing Class 12			Food Microbiology & General principles of Food Hygiene -20
15-Oct-25	Wed	Food Analysis and Testing -11			Food Processing Class 13			
16-Oct-25	Thu	Food Analysis and Testing -12			Food Processing Class 14			
17-Oct-25	Fri	Food Analysis and Testing -13			Food Processing Class 15			
18-Oct-25	Sat	Class Off - Saturday			Class Off - Saturday			
19-Oct-25	Sun	Class Off - Sunday			Class Off - Sunday			
20-Oct-25	Mon	Food Analysis and Testing -14			Food Processing Class 16			
21-Oct-25	Tue	Food Analysis and Testing -15			Food Processing Class 17			
22-Oct-25	Wed	Food Analysis and Testing -16	Structure and functions of macro and micronutrients lecture 1		Food Processing Class 18			
23-Oct-25	Thu	Food Analysis and Testing -17	Structure and functions of macro and micronutrients lecture 2		Food Processing Class 19			
24-Oct-25	Fri	Food Analysis and Testing -18	Structure and functions of macro and micronutrients lecture 3		Food Processing Class 20			
25-Oct-25	Sat	Class Off - Saturday	Class Off - Saturday		Class Off - Saturday			
26-Oct-25	Sun	Class Off - Sunday	Class Off - Sunday		Class Off - Sunday			
27-Oct-25	Mon	Food Analysis and Testing -19	Overview of food additives with respect to their technological function lecture 1		Food Processing Class 21			
28-Oct-25	Tue	Food Analysis and Testing -20	Overview of food additives with respect to their technological function lecture 2		Food Processing Class 22			
29-Oct-25	Wed		Overview of food additives with respect to their technological function lecture 3		Food Processing Class 23			
30-Oct-25	Thu		Overview of anti-nutritional factors and their removal from food lecture 1		Food Processing Class 24			
31-Oct-25	Fri		Overview of anti-nutritional factors and their removal from food lecture 2		Food Processing Class 25			
1-Nov-25	Sat		Class Off - Saturday		Class Off - Saturday			
2-Nov-25	Sun		Class Off - Sunday		Class Off - Sunday			
3-Nov-25	Mon		Overview of enzymes as food processing aids		Food Processing Class 26			
4-Nov-25	Tue		Overview of nutraceuticals and functions of food		Food Processing Class 27			
5-Nov-25	Wed		Overview of food contamination and adulterants and their effect on human health		Food Processing Class 28			
6-Nov-25	Thu		Food allergy city		Food Processing Class 29			
7-Nov-25	Fri		Importance of diet in alleviating health risks, especially non-communicable diseases		Food Processing Class 30			
8-Nov-25	Sat				Class Off - Saturday			
9-Nov-25	Sun				Class Off - Sunday			
10-Nov-25	Mon				Food Processing Class 31			
11-Nov-25	Tue				Food Processing Class 32			
12-Nov-25	Wed				Food Processing Class 33			
13-Nov-25	Thu				Food Processing Class 34			
14-Nov-25	Fri				Food Processing Class 35			
15-Nov-25	Sat				Class Off - Saturday			
16-Nov-25	Sun				Class Off - Sunday			
17-Nov-25	Mon				Food Processing Class 36			
18-Nov-25	Tue				Food Processing Class 37			
19-Nov-25	Wed				Food Processing Class 38			
20-Nov-25	Thu				Food Processing Class 39			
21-Nov-25	Fri				Food Processing Class 40			