



மேன்மை - SSC FOUNDATION BATCH 2025 -26

							Kishore - General Awareness		Kishore - General Awareness
Day	Date	Arun Prasath - Reasoning 3PM - 4PM	VimalRaj - Aptitude Time: 9 - 10 AM	MOHAMED SIKKANDER ASHIQ- Current Affairs 12 - 1 PM	Pranawa - English 11 AM - 12 PM	Subject	Time : 2 to 3 PM	Subject	Time : 4 to 5 PM
Nov 1	Saturday						Orientation 6 PM to 6.30 PM		
Nov 2	Sunday								
Nov 3	Monday	Alphabet Test							
Nov 4	Tuesday	Alphanumeric symbol Series - 1							
Nov 5	Wednesday								
Nov 6	Thursday	Alphanumeric symbol Series - 2							
Nov 7	Friday	Analogy							
Nov 8	Saturday	Odd One Out							
Nov 9	Sunday				\				
Nov 10	Monday	Directions Test - 1							
Nov 11	Tuesday	Directions Test - 2							
Nov 12	Wednesday	Blood Relations - 1							
Nov 13	Thursday	Blood Relations - 2							
Nov 14	Friday	Coding and Decoding							
Nov 15	Saturday	Arithmetic Operations & Logical Arrangement							
Nov 16	Sunday	$/_{\Lambda}\lambda$					$\parallel \overline{\gamma} / \parallel$		
Nov 17	Monday	In <mark>iqui</mark> ty - 1	OREINTATION			Biology	Concepts of Life Science - 1	History	Introduction, Timeline
Nov 18	Tuesday	Iniquity - 2	VEDIC MATHS			Biology	Concepts of Life Science - 2	History	Indus Valley Civilisation
Nov 19	Wednesday	Logical venn diagram	NUMBER SYSTEM -			Biology	Classification of Organisms - 1	History	Vedic Period
Nov 20	Thursday	Syllogism - 1	NUMBER SYSTEM -			Biology	Classification of Organisms - 2	History	Jainism, Buddhism
Nov 21	Friday	Syllogism - 2	NUMBER SYSTEM -			Biology	Evolution	History	Mahajanapadas
Nov 22	Saturday	Syllogism - 3	LCM AND HCF - 1			Biology	Genetics	History	Mauryan Empire
Nov 23	Sunday								
Nov 24	Monday	Number series / Missing Term	LCM AND HCF - 2			Biology	Physiology - 1	History	Post Mauryan Empire
Nov 25	Tuesday	Cubes & Dice	SIMPLIFICATION -			Biology	Physiology - 2	History	Gupta Empire
Nov 26	Wednesday	Counting of figures	SIMPLIFICATION -			Biology	Physiology - 3	History	Chalukyas, Rashtrakutas
Nov 27	Thursday	Mirror image & Water image	RATIO AND PROPORTION - 1			Biology	Nutrition	History	Delhi Sulthans - Part 1
Nov 28	Friday	Clock & Calendar	RATIO AND PROPORTION - 2			Biology	Human Diseases	History	Delhi Sulthans - Part 2
Nov 29	Saturday	Paper folding & cutting	AGES AND PARTNERSHIP			Biology	Environment	History	Bahmani Sulthans, Vijayanagar Empire
Nov 30	Sunday								2mpn C





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Dec 1	Monday	Embedded & Complete the Figures	AVERAGE - 1					History	Mughal Empire - Part 1
Dec 2	Tuesday	Number Ranking	AVERAGE - 2		Noun 1			History	Mughal Empire - Part 2
Dec 3	Wednesday	Seating Arrangement	PERCENTAGE - 1		Noun 2			History	Marathas - Part 1
Dec 4	Thursday	Seating Arrangement	PERCENTAGE - 2		Pronoun 1			History	Marathas - Part 2
Dec 5	Friday	Puzzle Test	MIXTURE AND ALLIGETION - 1		Tenses 1			History	South Indian History
Dec 6	Saturday	Puzzle Test	MIXTURE AND ALLIGETION - 2		Tenses 2			History	Advent of Europeans
Dec 7	Sunday								
Dec 8	Monday	Statement Conclusions	PROFIT AND LOSS - 1		Verb			History	Establishment of British Raj
Dec 9	Tuesday	Model Question Discussion	PROFIT AND LOSS - 2		Adjective 1			History	British Acts and Policies
Dec 10	Wednesday		PROFIT AND LOSS - 3		Adjective 2	Chemistry	Elements and Compounds - 1	History	Governor Generals and Viceroys
Dec 11	Thursday		SI & CI - 1		Adverb	Chemistry	Elements and Compounds - 2	History	Early Resistance, Great Revolt
Dec 12	Friday		SI & CI - 2		Preposition 1	Chemistry	Elements and Compounds - 3	History	Reform Movements and Reformists
Dec 13	Saturday		TIME AND WORK - 1		No class	Chemistry	Acid, Bases, Salts - 1	History	Indian National Movement
Dec 14	Sunday								
Dec 15	Monday		TIME AND WORK - 2		Preposition 2	Chemistry	Acid, Bases, Salts - 2	History	Moderate Phase
Dec 16	Tuesday		TIME AND DISTANCE - 1		Conjunction	Chemistry	Hydrocarbons - 1	History	Extremist Phase
Dec 17	Wednesday		TIME AND DISTA <mark>NCE</mark> - 2		Articles	Chemistry	Hydrocarbons - 2	History	Gandhian Phase
Dec 18	Thursday		PROBLEMS ON TRAINS		Subject-Verb Agreement	Chemistry	Fertili <mark>zers,</mark> Pesti <mark>cide</mark> s	History	Towards Independence
Dec 19	Friday		BOATS AND STREAM		Question Tag	Chemistry	Miscellaneous	History	Sessions and Facts
Dec 20	Saturday		DATA INTERPRETATION - 1		Speech 1			History	Miscellaneous
Dec 21	Sunday								
Dec 22	Monday		DATA INTERPRETATION - 2		Speech 2	Physics	Nature of Universe		
Dec 23	Tuesday		STATISTICS		Voice 1	Physics	Measurements		
Dec 24	Wednesday		PROBABILITY		Voice 2				
Dec 25	Thursday		ALGEBRA - 1		Holiday				
Dec 26	Friday		ALGEBRA - 3		Idioms				
Dec 27	Saturday		ALGEBRA - 2		Phrasal Verbs	Physics	Properties of Matter		
Dec 28	Sunday								
Dec 29	Monday		ALGEBRA - 4		No class	Physics	Fluids		
Dec 30	Tuesday		TRIGONOMETRY -		No class	Physics	Force and Motion		
Dec 31	Wednesday		TRIGONOMETRY -		No class	Physics	Energy and Electricity		
Jan 1	Thursday		TRIGONOMETRY - 2		No class				





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Jan 2	Friday		HEIGHTS AND DISTANCE		Root-words 1	Physics	Light		
Jan 3	Saturday		MENSURATION - 1		Root-words 2	Physics	Optics		
Jan 4	Sunday								
Jan 5	Monday		MENSURATION - 3	Art and Culture of India -1	Spell Check	Physics	Sound		
Jan 6	Tuesday		MENSURATION - 2	Art and Culture of India - 2	One-Word Substitution	Physics	Heat		
Jan 7	Wednesday		MENSURATION - 4	Indian Literature	Improvement	Physics	Magnetism		
Jan 8	Thursday		MENSURATION - 5	Games and Sports	Fillers	Physics	Nuclear Physics		
Jan 9	Friday		GEOMETRY - 1	Monuments and Places of India	Rearrangement	Computer Science	Computer Science - 1		
Jan 10	Saturday		GEOMETRY - 2	Miscellaneous GK	Cloze Test	Computer Science	Computer Science - 2		
Jan 11	Sunday			/-					
Jan 12	Monday		GEOMETRY -3	Current AFfairs - 1	Reading Comprehension	Computer Science	Computer Science - 3		
Jan 13	Tuesday		GEOMETRY -4	Current AFfairs - 2	Revision	Computer Science	Computer Science - 4		
Jan 14	Wednesday		GEOMETRY - 5	Current AFfairs - 3					
Jan 15	Thursday		GEOMETRY - 6	Current AFfairs - 4					
Jan 16	Friday		APTITUDE - I						
Jan 17	Saturday		APTITUDE - II						
Jan 18	Sunday								
Jan 19	Monday					Geography	Universe	Economics	Introduction, Types, Systems
Jan 20	Tuesday					Geography	Solar System	Economics	Sectors, Features
Jan 21	Wednesday					Geograp <mark>hy</mark>	Basics of Earth	Economics	Demand, Supply
Jan 22	Thursday					Geography	Continents and Countries	Economics	Goods, Markets
Jan 23	Friday					Geography	Lithosphere	Economics	Curves
Jan 24	Saturday					Geography	Hydrosphere	Economics	National Income - 1
Jan 25	Sunday								
Jan 26	Monday					Geography	Atmosphere	Economics	National Income - 2
Jan 27	Tuesday					Geography	Wind System	Economics	Indexes, Money Supply
Jan 28	Wednesday					Geography	Land Forms	Economics	Banking
Jan 29	Thursday					Geography	Indian Geography - Location	Economics	Inflation
Jan 30	Friday					Geography	Time Zone & India Map	Economics	Five Year Plans
Jan 31	Saturday					Geography	Physical Features of India - Part 1	Economics	Fiscal Policy, Monetary Policy, GST
Feb 1	Sunday								
Feb 2	Monday					Geography	Physical Features of India - Part 2		





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Feb 3	Tuesday					Geography	Indian Rivers and Drainage System		
Feb 4	Wednesday					Geography	Weather, Climate, Monsoon		
Feb 5	Thursday					Geography	Forests and Wildlife		
Feb 6	Friday					Geography	Soils		
Feb 7	Saturday					Geography	Agriculture and Crops		
Feb 8	Sunday								
Feb 9	Monday					Geography	Minerals and Resoucres - Part 1	Polity	History and Making of Constitution
Feb 10	Tuesday					Geography	Minerals and Resoucres - Part 2	Polity	Salient Features & Sources
Feb 11	Wednesday					Geography	Transport	Polity	Parts and Schedules
Feb 12	Thursday					Geography	Communication	Polity	Preamble
Feb 13	Friday					Geography	Social Geography	Polity	Union and its Territories
Feb 14	Saturday					Geography	Tribes and Human Geography	Polity	Citizenship
Feb 15	Sunday								
Feb 16	Monday							Polity	Fundamental Rights - Part 1
Feb 17	Tuesday							Polity	Fundamental Rights - Part 2
Feb 18	Wednesday							Polity	DPSP, Fundamental Duties
Feb 19	Thursday							Polity	Union - Executive
Feb 20	Friday							Polity	Union - Legislature, Judiciary
Feb 21	Saturday							Polity	State - Executive
Feb 22	Sunday								_
Feb 23	Monday							Polity	State - Legislature, Judiciary
Feb 24	Tuesday							Polity	Constitutional & Non Constitutional Bodies
Feb 25	Wednesday							Polity	Other Bodies
Feb 26	Thursday							Polity	Local Self Governments
Feb 27	Friday							Polity	Amendments
Feb 28	Saturday							Polity	Miscellaneous
Mar 1	Sunday								