



CUET PG Psychology EXAM Muskan Gupta Ma'am

| UNIT | Topics | Days & Date | Time |
|----------------------------|--|------------------------------|-------------------|
| | Orientation | Monday, December 1, 2025 | 4:03 PM - 4:59 PM |
| Introduction to Psychology | Introduction - Definition and Goals of psychology | Tuesday, December 2, 2025 | 4:03 PM - 4:59 PM |
| History of Psychology | Greek Philosophers | Wednesday, December 3, 2025 | 4:03 PM - 4:59 PM |
| | Paradigms of Western Psychology | Thursday, December 4, 2025 | 4:03 PM - 4:59 PM |
| Schools of Psychology | Structuralism, Functionalism, Psychoanalytical | Friday, December 5, 2025 | 4:03 PM - 4:59 PM |
| | Gestalt, Behaviorism, Humanistic, Existential, Cognitive revolution | Saturday, December 6, 2025 | 4:03 PM - 4:59 PM |
| | Neurons | Monday, December 8, 2025 | 4:03 PM - 4:59 PM |
| | Neurotransmitters | Tuesday, December 9, 2025 | 4:03 PM - 4:59 PM |
| | The Central Nervous System (BRAIN) PT 1 | Wednesday, December 10, 2025 | 4:03 PM - 4:59 PM |
| | The Central Nervous System (BRAIN) PT 2 | Thursday, December 11, 2025 | 4:03 PM - 4:59 PM |
| | The Central Nervous System (Spinal Cord) | Friday, December 12, 2025 | 4:03 PM - 4:59 PM |
| | The Peripheral Nervous System | Saturday, December 13, 2025 | 4:03 PM - 4:59 PM |
| | Muscular and Glandular system: Types and functions | Monday, December 15, 2025 | 4:03 PM - 4:59 PM |
| | Methods of Physiological Psychology | Tuesday, December 16, 2025 | 4:03 PM - 4:59 PM |
| | Biological basis of Motivation: Hunger, Thirst | Wednesday, December 17, 2025 | 4:03 PM - 4:59 PM |
| | Mechanisms of Sleep- Stages and Disorders | Thursday, December 18, 2025 | 4:03 PM - 4:59 PM |
| | Fundamental theories: Guthrie, Hull | Friday, December 19, 2025 | 4:03 PM - 4:59 PM |
| | Classical Conditioning: Ivan Pavlov | Saturday, December 20, 2025 | 4:03 PM - 4:59 PM |
| | Operant Conditioning - Skinner | Monday, December 22, 2025 | 4:03 PM - 4:59 PM |
| | Cognitive Approaches in learning - Latent, Observational and Verbal learning | Tuesday, December 23, 2025 | 4:03 PM - 4:59 PM |
| | Memory Processes, Multistore Model | Wednesday, December 24, 2025 | 4:03 PM - 4:59 PM |
| | Models of Memory 2 | Friday, December 26, 2025 | 4:03 PM - 4:59 PM |
| | Introduction to Sensation, thresholds | Saturday, December 27, 2025 | 4:03 PM - 4:59 PM |
| | Sensory Processes- Visual Pathway | Monday, December 29, 2025 | 4:03 PM - 4:59 PM |
| | Sensory processes- Auditory | Tuesday, December 30, 2025 | 4:03 PM - 4:59 PM |
| | Other Sensory processes + Signal Detection Theory | Wednesday, December 31, 2025 | 4:03 PM - 4:59 PM |
| | Introduction and Theories of Emotion | Friday, January 2, 2026 | 4:03 PM - 4:59 PM |
| | Process Theories of Motivation | Saturday, January 3, 2026 | 4:03 PM - 4:59 PM |
| | Content Theories of Motivation | Monday, January 5, 2026 | 4:03 PM - 4:59 PM |
| | Other theories | Tuesday, January 6, 2026 | 4:03 PM - 4:59 PM |
| | Theories of Intelligence - Spearman; Thurstone; Jensen; Cattell | Wednesday, January 7, 2026 | 4:03 PM - 4:59 PM |
| | Theories of Intelligence - Gardner; Sternberg; Goleman; Das, | Thursday, January 8, 2026 | 4:03 PM - 4:59 PM |
| | Introduction to Personality | Friday, January 9, 2026 | 4:03 PM - 4:59 PM |
| | Psychodynamic Theory of Personality - Freud, Jung, Adler, Horney | Saturday, January 10, 2026 | 4:03 PM - 4:59 PM |
| | Humanistic and Existential Approaches to Personality | Monday, January 12, 2026 | 4:03 PM - 4:59 PM |
| | Type and Trait Approach Allport, Cattell, Eysenck | Tuesday, January 13, 2026 | 4:03 PM - 4:59 PM |
| | Trait Approach- Five factor, HEXACO, DARK Triad | Wednesday, January 14, 2026 | 4:03 PM - 4:59 PM |
| | Psychometric tests and Test Constructions | Thursday, January 15, 2026 | 4:03 PM - 4:59 PM |
| | Reliability | Friday, January 16, 2026 | 4:03 PM - 4:59 PM |
| | Validity | Saturday, January 17, 2026 | 4:03 PM - 4:59 PM |
| | Aptitude tests | Monday, January 19, 2026 | 4:03 PM - 4:59 PM |
| | Intelligence tests - Non verbal and Performance Tests | Tuesday, January 20, 2026 | 4:03 PM - 4:59 PM |
| | Personality Tests - Non Projective | Wednesday, January 21, 2026 | 4:03 PM - 4:59 PM |
| | Personality Tests - Projective | Thursday, January 22, 2026 | 4:03 PM - 4:59 PM |
| | Prenatal Development and Genetic Anomalies | Friday, January 23, 2026 | 4:03 PM - 4:59 PM |
| | Chromosomal Disorders, Fetal Alcohol Syndrome, and other Developmental Disorders | Saturday, January 24, 2026 | 4:03 PM - 4:59 PM |
| | Physical development | Sunday, January 25, 2026 | 4:03 PM - 4:59 PM |
| | Moral Development - Kohlberg & Piaget | Tuesday, January 27, 2026 | 4:03 PM - 4:59 PM |
| | Psychodynamic Approach to development - Freud | Wednesday, January 28, 2026 | 4:03 PM - 4:59 PM |
| | Psychodynamic approach to development- Erik Erikson | Thursday, January 29, 2026 | 4:03 PM - 4:59 PM |
| | Cognitive development - Piaget | Friday, January 30, 2026 | 4:03 PM - 4:59 PM |
| | Cognitive Development- Vygotsky | Saturday, January 31, 2026 | 4:03 PM - 4:59 PM |
| | Theories of Attachment and Ageing | Monday, February 2, 2026 | 4:03 PM - 4:59 PM |
| | DSM 5 and ICD Overview, Overview of Disorder Classifications | Tuesday, February 3, 2026 | 4:03 PM - 4:59 PM |
| | Neurodevelopmental Disorders | Wednesday, February 4, 2026 | 4:03 PM - 4:59 PM |
| | Mood Disorders, Anxiety, PTSD, and OCD | Thursday, February 5, 2026 | 4:03 PM - 4:59 PM |
| | Neurocognitive Disorders | Friday, February 6, 2026 | 4:03 PM - 4:59 PM |
| | Dissociative, Somatic Symptom and Paraphilic Disorders | Saturday, February 7, 2026 | 4:03 PM - 4:59 PM |
| | Schizophrenic and other psychotic Disorders | Monday, February 9, 2026 | 4:03 PM - 4:59 PM |
| | Personality Disorders | Tuesday, February 10, 2026 | 4:03 PM - 4:59 PM |
| | Introduction to Therapy + Psychodynamic Therapy | Wednesday, February 11, 2026 | 4:03 PM - 4:59 PM |
| | Humanistic Therapy | Thursday, February 12, 2026 | 4:03 PM - 4:59 PM |
| | Behavioural Therapies - Operant and Classical | Friday, February 13, 2026 | 4:03 PM - 4:59 PM |
| | Cognitive Behavioral Therapy + REBT | Saturday, February 14, 2026 | 4:03 PM - 4:59 PM |
| | Gestalt and Other Therapies | Monday, February 16, 2026 | 4:03 PM - 4:59 PM |
| | Basics of Research- Variables, Hypotheses, Errors | Tuesday, February 17, 2026 | 4:03 PM - 4:59 PM |
| | Levels of Measurement | Wednesday, February 18, 2026 | 4:03 PM - 4:59 PM |
| | Descriptive vs Inferential Statistics - Parametric and Non Parametric Tests | Thursday, February 19, 2026 | 4:03 PM - 4:59 PM |
| | Measures of Central Tendency - Mean, Median and Mode, | Friday, February 20, 2026 | 4:03 PM - 4:59 PM |
| | Measures of Variability | Saturday, February 21, 2026 | 4:03 PM - 4:59 PM |
| | Standard Scores | Monday, February 23, 2026 | 4:03 PM - 4:59 PM |
| | Normal Probability Curve | Tuesday, February 24, 2026 | 4:03 PM - 4:59 PM |
| | Correlation | Wednesday, February 25, 2026 | 4:03 PM - 4:59 PM |