

## CUET PG Psychology EXAM Muskan Gupta Ma'am

UNIT			
	Topics	Days & Date	Time
	Orientation	Monday, December 1, 2025	4:03 PM - 4:59 PM
Introduction to Psychology	Introduction - Definition and Goals of psychology	Tuesday, December 2, 2025	4:03 PM - 4:59 PM
History of Psychology	Greek Philosophers	Wednesday, December 3, 2025	4:03 PM - 4:59 PM
	Paradigms of Western Psychology	Thursday, December 4, 2025	4:03 PM - 4:59 PM
Schools of Psychology	Structuralism, Functionalism, Psychoanalytical	Friday, December 5, 2025	4:03 PM - 4:59 PM
	Gestalt, Behaviorism, Humanistic, Existential, Cognitive revolution	Saturday, December 6, 2025	4:03 PM - 4:59 PM
Biological Basis of Behavior	Neurons	Monday, December 8, 2025	4:03 PM - 4:59 PM
	Neurotransmitters	Tuesday, December 9, 2025	4:03 PM - 4:59 PM
	The Central Nervous System (BRAIN) PT 1	Wednesday, December 10, 2025	4:03 PM - 4:59 PM
	The Central Nervous System (BRAIN) PT 2	Thursday, December 11, 2025	4:03 PM - 4:59 PM
	The Central Nervous System (Spinal Cord)	Friday, December 12, 2025	4:03 PM - 4:59 PM
	The Peripheral Nervous System	Saturday, December 13, 2025	4:03 PM - 4:59 PM
	Muscular and Glandular system: Types and functions	Monday, December 15, 2025	4:03 PM - 4:59 PM
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	Methods of Physiological Psychology	Tuesday, December 16, 2025	4:03 PM - 4:59 PM
	Biological basis of Motivation: Hunger, Thirst	Wednesday, December 17, 2025	4:03 PM - 4:59 PM
	Mechanisms of Sleep- Stages and Disorders	Thursday, December 18, 2025	4:03 PM - 4:59 PM
Learning, Memory	Fundamental theories: Guthrie, Hull	Friday, December 19, 2025	4:03 PM - 4:59 PM
	Classical Conditioning- Ivan Pavlov	Saturday, December 20, 2025	4:03 PM - 4:59 PM
	Operant Conditioning - Skinner	Monday, December 22, 2025	4:03 PM - 4:59 PM
Learning, iviemory	Cognitive Approaches in learning - Latent, Observational and Verbal learning	Tuesday, December 23, 2025	4:03 PM - 4:59 PM
	Memory Processes, Multistore Model	Wednesday, December 24, 2025	4:03 PM - 4:59 PM
	Models of Memory 2	Friday, December 26, 2025	4:03 PM - 4:59 PM
	Introduction to Sensation, thresholds	Saturday, December 27, 2025	4:03 PM - 4:59 PM
	Sensory Processes- Visual Pathway	Monday, December 29, 2025	4:03 PM - 4:59 PM
Sensation and Perception	Sensory processes- Auditory	Tuesday, December 30, 2025	4:03 PM - 4:59 PM
	Other Sensory processes + Signal Detection Theory	Wednesday, December 30, 2025	4:03 PM - 4:59 PM
	Introduction and Theories of Emotion	Friday, January 2, 2026	4:03 PM - 4:59 PM
Emotion and Motivation	Process Theories of Motivation	Saturday, January 3, 2026	4:03 PM - 4:59 PM
	Content Theories of Motivation	Monday, January 5, 2026	4:03 PM - 4:59 PM
	Other theories		4:03 PM - 4:59 PM
		Tuesday, January 6, 2026	4:03 PM - 4:59 PM
Intelligence	Theories of Intelligence - Spearman; Thurstone; Jensen; Cattell	Wednesday, January 7, 2026	4:03 PM - 4:59 PM
Intelligence	Theories of Intelligence - Gardner; Stenberg; Goleman; Das,	Thursday, January 8, 2026	4:03 PM - 4:59 PM
	Introduction to Personality	Friday, January 9, 2026	4:03 PM - 4:59 PM
-	Psychodynamic Theory of Personality - Freud, Jung, Adler, Horney	Saturday, January 10, 2026	4:03 PM - 4:59 PM
Personality	Humanistic and Existential Approaches to Persoanlity	Monday, January 12, 2026	4:03 PM - 4:59 PM
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	Trait Approach - Five factor, HEXACO, DARK Triad		4:03 PM - 4:59 PM
	Psychometric tests and Test Constructions	Wednesday, January 14, 2026	4:03 PM - 4:59 PM
	Reliability	Thursday, January 15, 2026 Friday, January 16, 2026	
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	Validity	Saturday, January 17, 2026	4:03 PM - 4:59 PM
Psychological testing	Validity Aptitutde tests	Saturday, January 17, 2026 Monday, January 19, 2026	4:03 PM - 4:59 PM 4:03 PM - 4:59 PM
Psychological testing	Validity Aptitutde tests Intelligence tests - Non verbal and Performance Tests	Saturday, January 17, 2026 Monday, January 19, 2026 Tuesday, January 20, 2026	4:03 PM - 4:59 PM 4:03 PM - 4:59 PM 4:03 PM - 4:59 PM
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Psychological testing	Validity Apititutde tests Intelligence tests - Non verbal and Performance Tests Personality Tests - Non Projective Personality Tests - Projective Prenatal Development and Genetic Anomalies	Saturday, January 17, 2026 Monday, January 19, 2026 Tuesday, January 20, 2026 Wednesday, January 21, 2026 Thursday, January 22, 2026 Friday, January 23, 2026	4:03 PM - 4:59 PM 4:03 PM - 4:59 PM
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Life Span Development	Aplitute tests Intelligence tests - Non verbal and Performance Tests Personality Tests - Non Projective Personality Tests - Projective Personality Tests - Projective Personality Tests - Projective Personality Tests - Projective Prenatal Development and Genetic Anomalies Chromosomal Disorders, Fetal Alcohol Synrome, and other Developmental Disorders Physical development Moral Development - Kohlerberg & Piaget Psychodynamic Approach to development - Freud Psychodynamic Approach to development - Freud Psychodynamic approach to development - Piaget Cognitive Development - Piaget Cognitive Development - Vygotsky Theoires of Attachment and Ageing DSM 5 and ICD Overview, Overview of Disorder Classifications Neurodevelopmental Disorders Mood Disorders, Amáety, PTSD, and OCD Neurocognitive Disorders Dissociative, Somatic Symptom and Paraphillic Disorders Schizophrenic and other psychotic Disorders Personality Disorders Introduction to Therapy + Psychodynamic Therapy Humanistic Therapy Behavioural Therpaies - Operant and Classical Cognitive Behavioral Therapy + REBT Gestalt and Other Therapies Basics of Research- Variables, Hypotheses, Errors	Saturday, January 17, 2026 Monday, January 19, 2026 Tuesday, January 20, 2026 Wednesday, January 21, 2026 Thursday, January 22, 2026 Friday, January 23, 2026 Saturday, January 24, 2026 Sunday, January 25, 2026 Tuesday, January 27, 2026 Wednesday, January 28, 2026 Thursday, January 28, 2026 Thursday, January 29, 2026 Friday, January 29, 2026 Friday, January 30, 2026 Saturday, January 30, 2026 Saturday, January 31, 2026 Monday, February 3, 2026 Wednesday, February 3, 2026 Thursday, February 5, 2026 Friday, February 5, 2026 Friday, February 6, 2026 Saturday, February 7, 2026 Monday, February 10, 2026 Wednesday, February 10, 2026 Tuesday, February 11, 2026 Thursday, February 12, 2026 Thursday, February 12, 2026 Friday, February 14, 2026 Thursday, February 14, 2026 Thursday, February 14, 2026 Friday, February 14, 2026 Monday, February 14, 2026 Monday, February 14, 2026 Thesday, February 14, 2026 Monday, February 14, 2026	4:03 PM - 4:59 PM
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Life Span Development	Validity Apitutate tests Intelligence tests - Non verbal and Performance Tests  Personality Tests - Non Projective Personality Tests - Projective Personality Tests - Projective Personality Tests - Projective Prenatal Development and Genetic Anomalies Chromosomal Disorders, Fetal Alcohol Syrnome, and other Developmental Disorders Physical development Moral Development - Kohlerberg & Piaget Psychodynamic Approach to development - Freud Psychodynamic Approach to development - Freud Psychodynamic Approach to development - Frik Erikson Cognitive development - Piaget Cognitive Development - Vygotsky Theoires of Attachment and Ageing DSM 5 and ICD Overview, Overview of Disorder Classifications Neurodevelopmental Disorders Mood Disorders, Anxiety, PTSD, and OCD Neurocognitive Disorders Dissociative, Somatic Symptom and Paraphillic Disorders Schiophrenic and other psychotic Disorders Personality Disorders Introduction to Therapy + Psychodynamic Therapy Humanistic Therapy Behavioural Therapies - Operant and Classical Cognitive Behavioral Therapy + REBT Gestalt and Other Therapies Basics of Research - Variables, Hypotheses, Errors Levels of Meassurement Descriptive vs Inferential Statistics - Parametric and Non Parametric Tests	Saturday, January 17, 2026 Monday, January 19, 2026 Tuesday, January 20, 2026 Wednesday, January 21, 2026 Friday, January 22, 2026 Friday, January 23, 2026 Saturday, January 24, 2026 Sunday, January 24, 2026 Sunday, January 25, 2026 Tuesday, January 27, 2026 Wednesday, January 28, 2026 Friday, January 28, 2026 Friday, January 30, 2026 Saturday, January 31, 2026 Monday, Jenuary 31, 2026 Monday, February 3, 2026 Tuesday, February 4, 2026 Thursday, February 5, 2026 Friday, February 7, 2026 Saturday, February 7, 2026 Friday, February 7, 2026 Saturday, February 10, 2026 Friday, February 10, 2026 Tuesday, February 11, 2026 Tuesday, February 12, 2026 Tuesday, February 12, 2026 Tuesday, February 12, 2026 Saturday, February 12, 2026 Thursday, February 14, 2026 Thursday, February 17, 2026 Saturday, February 17, 2026 Monday, February 17, 2026 Wednesday, February 17, 2026 Monday, February 17, 2026 Monday, February 17, 2026 Wednesday, February 18, 2026 Tuesday, February 19, 2026	4:03 PM - 4:59 PM
Life Span Development  Abnormal or Clinical Psychology	Validity Aptitute tests Intelligence tests - Non verbal and Performance Tests Personality Tests - Non Projective Personality Tests - Projective Personality Approach to development - Preud Psychodynamic Approach to development - Freud Psychodynamic Approach to development - Frik Erikson Cognitive Development - Vigotsky Theories of Attachment and Ageing DSM 5 and ICD Overview, Overview of Disorder Classifications Neurodevelopmental Disorders Mood Disorders, Anxiety, PTSD, and OCD Neurocognitive Disorders Dissociative, Somatic Symptom and Paraphillic Disorders Schizophrenic and other psychotic Disorders Personality Disorders Introduction to Therapy + Psychodynamic Therapy Humanistic Therapy Behavioural Therapies - Operant and Classical Cognitive Behavioral Therapies - Personality Disorders Gestalt and Other Therapies Basics of Research - Variables, Hypotheses, Errors Levels of Measurement Descriptive vs Inferential Statistics - Parameteric and Non Parametric Tests Measures of Central Tendency - Mean, Median and Mode,	Saturday, January 17, 2026 Monday, January 19, 2026 Tuesday, January 20, 2026 Wednesday, January 21, 2026 Friday, January 22, 2026 Friday, January 23, 2026 Saturday, January 24, 2026 Sunday, January 25, 2026 Tuesday, January 27, 2026 Wednesday, January 27, 2026 Wednesday, January 28, 2026 Tiuesday, January 29, 2026 Friday, January 29, 2026 Friday, January 30, 2026 Saturday, January 31, 2026 Monday, February 3, 2026 Tuesday, February 3, 2026 Tuesday, February 3, 2026 Tuesday, February 5, 2026 Tiuesday, February 5, 2026 Tiuesday, February 7, 2026 Monday, February 7, 2026 Monday, February 9, 2026 Saturday, February 10, 2026 Wednesday, February 10, 2026 Wednesday, February 11, 2026 Thursday, February 11, 2026 Thursday, February 12, 2026 Friday, February 14, 2026 Monday, February 17, 2026 Monday, February 17, 2026 Monday, February 17, 2026 Monday, February 17, 2026 Thursday, February 17, 2026 Tuesday, February 18, 2026 Tiuesday, February 19, 2026	4:03 PM - 4:59 PM
Life Span Development	Validity A	Saturday, January 17, 2026 Monday, January 19, 2026 Tuesday, January 20, 2026 Wednesday, January 21, 2026 Thursday, January 22, 2026 Friday, January 23, 2026 Saturday, January 24, 2026 Sunday, January 24, 2026 Sunday, January 25, 2026 Tuesday, January 27, 2026 Wednesday, January 28, 2026 Thursday, January 29, 2026 Friday, January 29, 2026 Friday, January 30, 2026 Saturday, January 31, 2026 Monday, February 31, 2026 Monday, February 3, 2026 Tuesday, February 5, 2026 Thursday, February 5, 2026 Thursday, February 5, 2026 Saturday, February 7, 2026 Monday, February 10, 2026 Wednesday, February 11, 2026 Monday, February 11, 2026 Thursday, February 11, 2026 Thursday, February 12, 2026 Friday, February 13, 2026 Saturday, February 14, 2026 Thursday, February 14, 2026 Thursday, February 14, 2026 Thursday, February 16, 2026 Thesday, February 17, 2026 Wednesday, February 18, 2026 Thesday, February 19, 2026 Thesday, February 19, 2026 Thursday, February 19, 2026 Friday, February 19, 2026 Friday, February 19, 2026 Friday, February 19, 2026 Friday, February 19, 2026	4:03 PM - 4:59 PM
Life Span Development  Abnormal or Clinical Psychology	Validity Aptitute tests Intelligence tests - Non verbal and Performance Tests Personality Tests - Non Projective Personality Tests - Projective Personality Approach to development - Preud Psychodynamic Approach to development - Freud Psychodynamic Approach to development - Frik Erikson Cognitive Development - Vigotsky Theories of Attachment and Ageing DSM 5 and ICD Overview, Overview of Disorder Classifications Neurodevelopmental Disorders Mood Disorders, Anxiety, PTSD, and OCD Neurocognitive Disorders Dissociative, Somatic Symptom and Paraphillic Disorders Schizophrenic and other psychotic Disorders Personality Disorders Introduction to Therapy + Psychodynamic Therapy Humanistic Therapy Behavioural Therapies - Operant and Classical Cognitive Behavioral Therapies - Personality Disorders Gestalt and Other Therapies Basics of Research - Variables, Hypotheses, Errors Levels of Measurement Descriptive vs Inferential Statistics - Parameteric and Non Parametric Tests Measures of Central Tendency - Mean, Median and Mode,	Saturday, January 17, 2026 Monday, January 19, 2026 Tuesday, January 20, 2026 Wednesday, January 21, 2026 Friday, January 22, 2026 Friday, January 22, 2026 Saturday, January 24, 2026 Sunday, January 24, 2026 Sunday, January 25, 2026 Tuesday, January 27, 2026 Wednesday, January 28, 2026 Friday, January 28, 2026 Friday, January 28, 2026 Friday, January 30, 2026 Saturday, January 30, 2026 Saturday, January 30, 2026 Monday, February 3, 2026 Wednesday, February 4, 2026 Thursday, February 7, 2026 Thursday, February 7, 2026 Saturday, February 7, 2026 Friday, February 7, 2026 Saturday, February 10, 2026 Wednesday, February 11, 2026 Tuesday, February 11, 2026 Tuesday, February 12, 2026 Thursday, February 14, 2026 Monday, February 14, 2026 Monday, February 14, 2026 Monday, February 14, 2026 Monday, February 17, 2026 Wednesday, February 19, 2026 Tuesday, February 19, 2026 Tuesday, February 19, 2026 Tuesday, February 19, 2026 Tuesday, February 19, 2026 Thursday, February 19, 2026 Thursday, February 19, 2026 Thursday, February 19, 2026 Friday, February 19, 2026	4:03 PM - 4:59 PM
Life Span Development  Abnormal or Clinical Psychology	Validity A	Saturday, January 17, 2026 Monday, January 19, 2026 Tuesday, January 20, 2026 Wednesday, January 21, 2026 Thursday, January 22, 2026 Friday, January 23, 2026 Saturday, January 24, 2026 Sunday, January 24, 2026 Sunday, January 25, 2026 Tuesday, January 27, 2026 Wednesday, January 28, 2026 Thursday, January 29, 2026 Friday, January 29, 2026 Friday, January 30, 2026 Saturday, January 31, 2026 Monday, February 31, 2026 Monday, February 3, 2026 Tuesday, February 5, 2026 Thursday, February 5, 2026 Thursday, February 5, 2026 Saturday, February 7, 2026 Monday, February 10, 2026 Wednesday, February 11, 2026 Monday, February 11, 2026 Thursday, February 11, 2026 Thursday, February 12, 2026 Friday, February 13, 2026 Saturday, February 14, 2026 Thursday, February 14, 2026 Thursday, February 14, 2026 Thursday, February 16, 2026 Thesday, February 17, 2026 Wednesday, February 18, 2026 Thesday, February 19, 2026 Thesday, February 19, 2026 Thursday, February 19, 2026 Friday, February 19, 2026 Friday, February 19, 2026 Friday, February 19, 2026 Friday, February 19, 2026	4:03 PM - 4:59 PM